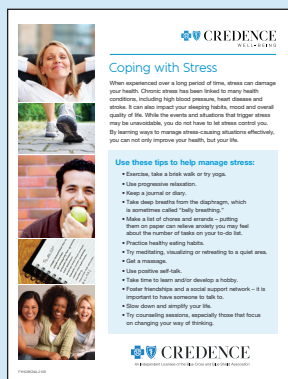
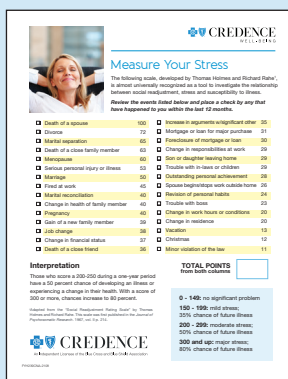


Credence provides the Stress Management Tool Kit to help your employees learn to recognize and cope with stress.

Stress Management Tool Kit: EDUCATIONAL MATERIALS



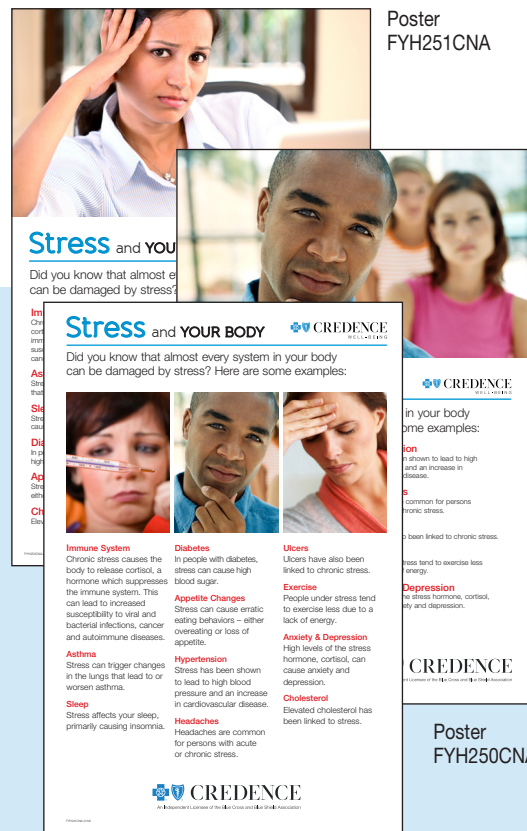
Coping with Stress: FYH238CNA



Measure Your Stress: FYH239CNA



Stress & Your Body: FYH240CNA

Poster
FYH251CNAPoster
FYH250CNA

Here are a few suggestions to help you use these materials in your workplace.

Every workplace is different, so find out what works best for you.

- ☒ Present and discuss the materials in an educational workshop.
- ☒ Another very simple option is to display the posters in your breakroom and distribute the handouts to your employees.

Ordering additional materials is easy!

1. Go to **CredenceBlue.com/Employers.**
2. Select **“Forms and Materials.”**
3. Enter the stock number to download or order.

Title	Stock No.
<i>Coping with Stress</i> - handout.....	FYH238CNA
<i>Measure Your Stress</i> - handout.....	FYH239CNA
<i>Stress and Your Body</i> - handout	FYH240CNA
<i>Stress and Your Body</i> - 11x17 poster.....	FYH241CNA
<i>Stress and Your Body</i> - 11x17 poster.....	FYH250CNA
<i>Stress and Your Body</i> - 11x17 poster.....	FYH251CNA